



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee

Number: 781

Course: 12.30 km

12 km-Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:12:43

Speed: 9.90 km/h

Running performance: 5:55 min/km

Rank in course/Total: 71 (of 88)

Rank in course/Men: 62 (of 74)

Best time in course: 50:35

Rank in category: 7(of 8)

Best time in the category: 53:14