



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.

Number: 760

Course: 12.30 km

12 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 53:02

Speed: 13.58 km/h

Running performance: 4:19 min/km

Rank in course/Total: 7 (of 88)

Rank in course/Men: 7 (of 74)

Best time in course: 50:35

Rank in category: 1(of 9)

Best time in the category: 53:02