



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Banzer, Roland

Club: Arnstadt

Number: 853

Course: 12.30 km

12 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:07

Speed: 12.18 km/h

Running performance: 4:49 min/km

Rank in course/Total: 23 (of 88)

Rank in course/Men: 22 (of 74)

Best time in course: 50:35

Rank in category: 3(of 9)

Best time in the category: 53:02