



## 26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

### Detailed evaluation

**Herrmann, Maik**

Club: Laufftreff Arnstadt

Number: 782

Course: 12.30 km

12 km-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 59:18

Speed: 12.14 km/h

Running performance: 4:49 min/km

Rank in course/Total: 26 (of 88)

Rank in course/Men: 25 (of 74)

Best time in course: 50:35

Rank in category: 4(of 5)

Best time in the category: 51:38