



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Frank, Jörg

Club: Team Zürich TD

Number: 843

Course: 12.30 km

12 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:02:36

Speed: 11.50 km/h

Running performance: 5:05 min/km

Rank in course/Total: 35 (of 88)

Rank in course/Men: 34 (of 74)

Best time in course: 50:35

Rank in category: 4(of 10)

Best time in the category: 52:05