



26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

Detailed evaluation

Ernst, Beate

Club: Sonntagsläufer Tambach-Dietharz

Number: 780

Course: 12.30 km

12 km-Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:21

Speed: 11.37 km/h

Running performance: 5:09 min/km

Rank in course/Total: 38 (of 88)

Rank in course/Women: 2 (of 14)

Best time in course: 57:21

Rank in category: 1(of 2)

Best time in the category: 1:03:21