



## 26. Ohratalsperrenlauf

Luisenthal / 28.07.2012

### Detailed evaluation

#### Nothnagel, Rainer

Club: kein

Number: 766

Course: 12.30 km

12 km-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:45

Speed: 10.95 km/h

Running performance: 5:21 min/km

Rank in course/Total: 49 (of 88)

Rank in course/Men: 45 (of 74)

Best time in course: 50:35

Rank in category: 3(of 8)

Best time in the category: 56:30