



27. st- Werratal-Triathlon und 7. Jedermann-Triathlon  
 Naherholungszentrum Immelborn / 05.08.2012

Detailed evaluation

Ihling, Carmen

Total time: 3:04:02

Club: TV Barchfeld  
 Number: 263

Course: 53.50 km  
 stz-Werrataltriathlon 1,5-40-10.00

Rank in course/Total: 53 (of 60)  
 Rank in course/Women: 12 (of 13)  
 Best time in course: 2:24:41

Category:  
 TW 45-49, Seniorinnen 2

Rank in category: 3(of 3)  
 Best time in the category: 2:42:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	1.50	41:41	27:47	3	15:02	11	16:25	1.50	41:41	27:47	3	15:02	12	16:25
Schwimmen Total	1.50	41:41												
Rad	40.00	1:28:38	2:12	3	8:42	11	13:31	41.50	2:10:19	3:08	1	-	8	29:51
Rad Total	40.00	1:28:38												
Lauf	10.00	53:43	5:22	2	2:23	10	11:18	53.50	3:04:02	3:26	3	21:47	12	39:21
Lauf Total	52.00	3:04:02												