



27. st- Werratal-Triathlon und 7. Jedermann-Triathlon
 Naherholungszentrum Immelborn / 05.08.2012

Detailed evaluation

Sandrock, Uwe

Total time: 1:30:46

Club: TV 03Heringen

Number: 478

Course: 25.75 km

Rank in course/Total: 43 (of 71)

Jedermann-Triathlon 0,75-20,0-5,0

Rank in course/Men: 38 (of 58)

Best time in course: 1:05:58

Category:

Rank in category: 13(of 26)

Senioren

Best time in the category: 1:17:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.75	20:42	27:35	13	5:08	36	8:22	0.75	20:42	27:35	13			11
Schwimmen Total	0.75	20:42												
Rad	20.00	44:33	2:13	16	17:35	38	17:35	20.75	1:05:15	3:08	13			11
Rad Total	20.00	44:33												
Lauf	5.00	25:31	5:06	17	14:23	42	14:23	25.75	1:30:46	3:31	15	18:33	41	24:48
Lauf Total	25.00	1:30:46												