



27. st- Werratal-Triathlon und 7. Jedermann-Triathlon
 Naherholungszentrum Immelborn / 05.08.2012

Detailed evaluation

Ruhkamp, Martin

Total time: 1:31:13

Club: SV Einheit

Number: 481

Course: 25.75 km

Rank in course/Total: 44 (of 71)

Jedermann-Triathlon 0,75-20,0-5,0

Rank in course/Men: 39 (of 58)

Best time in course: 1:05:58

Category:

Rank in category: 14(of 26)

Senioren

Best time in the category: 1:17:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.75	19:29	25:58	8	3:55	25	7:09	0.75	19:29	25:58	11			13	
Schwimmen Total	0.75	19:29													
Rad	20.00	47:09	2:21	18	20:11	47	20:11	20.75	1:06:38	3:12	11			13	0:57
Rad Total	20.00	47:09													
Lauf	5.00	24:35	4:54	15	13:27	38	13:27	25.75	1:31:13	3:32	16	19:00	42	25:15	
Lauf Total	25.00	1:31:13													