



27. st- Werratal-Triathlon und 7. Jedermann-Triathlon
 Naherholungszentrum Immelborn / 05.08.2012

Detailed evaluation

Werner, Ralf

Total time: 1:36:35

Club: Stedtfelder Rennsteigfreunde
 Number: 429

Course: 25.75 km
 Jedermann-Triathlon 0,75-20,0-5,0

Rank in course/Total: 51 (of 71)

Rank in course/Men: 45 (of 58)

Best time in course: 1:05:58

Category:

Rank in category: 17(of 26)

Senioren

Best time in the category: 1:17:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.75	22:41	30:14	19	7:07	50	10:21	0.75	22:41	30:14	8		19	
Schwimmen Total	0.75	22:41												
Rad	20.00	49:04	2:27	20	22:06	50	22:06	20.75	1:11:45	3:27	8	5:04	19	6:04
Rad Total	20.00	49:04												
Lauf	5.00	24:50	4:58	16	13:42	39	13:42	25.75	1:36:35	3:45	19	24:22	48	30:37
Lauf Total	25.00	1:36:35												