



27. st- Werratal-Triathlon und 7. Jedermann-Triathlon
 Naherholungszentrum Immelborn / 05.08.2012

Detailed evaluation

Ruhkamp, Nikolas

Total time: 1:43:58

Club: Eisenach

Number: 471

Course: 25.75 km

Rank in course/Total: 62 (of 71)

Jedermann-Triathlon 0,75-20,0-5,0

Rank in course/Men: 51 (of 58)

Best time in course: 1:05:58

Category:

Rank in category: 28(of 30)

Hauptklasse männlich

Best time in the category: 1:05:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.75	20:49	27:45	23	8:29	38	8:29	0.75	20:49	27:45	4			9	
Schwimmen Total	0.75	20:49													
Rad	20.00	54:47	2:44	30	20:59	58	27:49	20.75	1:15:36	3:38	4	14:24	25	9:55	
Rad Total	20.00	54:47													
Lauf	5.00	28:22	5:40	28	14:03	52	17:14	25.75	1:43:58	4:02	29	38:00	54	38:00	
Lauf Total	25.00	1:43:58													