



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Senz, Stefan

Club: SV Ichtershausen

Number: 313

Course: 14.60 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 1:01:04

Speed: 14.34 km/h

Running performance: 4:11 min/km

Rank in course/Total: 8 (of 98)

Rank in course/Men: 8 (of 79)

Best time in course: 56:33

Rank in category: 2(of 10)

Best time in the category: 1:00:20