



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Müller, Dirk

Club: Rennsteiglaufverein

Number: 354

Course: 14.60 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:01:28

Speed: 13.67 km/h

Running performance: 4:13 min/km

Rank in course/Total: 11 (of 98)

Rank in course/Men: 11 (of 79)

Best time in course: 56:33

Rank in category: 5(of 10)

Best time in the category: 56:33