



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Schadwinkel, Andy

Club: GMRV Langewiesen

Number: 336

Course: 14.60 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:06:09

Speed: 12.70 km/h

Running performance: 4:32 min/km

Rank in course/Total: 22 (of 98)

Rank in course/Men: 21 (of 79)

Best time in course: 56:33

Rank in category: 8(of 10)

Best time in the category: 56:33