



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Schrickel, Andre

Club: WSV-Ilmenau

Number: 353

Course: 14.60 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:06:27

Speed: 12.64 km/h

Running performance: 4:33 min/km

Rank in course/Total: 23 (of 98)

Rank in course/Men: 22 (of 79)

Best time in course: 56:33

Rank in category: 3(of 13)

Best time in the category: 58:17