



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Weiß, Thomas

Club: WSV Ilmenau

Number: 302

Course: 14.60 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:08:04

Speed: 12.34 km/h

Running performance: 4:40 min/km

Rank in course/Total: 27 (of 98)

Rank in course/Men: 25 (of 79)

Best time in course: 56:33

Rank in category: 4(of 13)

Best time in the category: 58:17