



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 366

Course: 14.60 km

Hauptlauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:10:45

Speed: 12.38 km/h

Running performance: 4:51 min/km

Rank in course/Total: 34 (of 98)

Rank in course/Men: 32 (of 79)

Best time in course: 56:33

Rank in category: 2(of 7)

Best time in the category: 1:04:48