



7. Lauf "Rund um Frauenwald"
Frauenwald / 11.08.2012

Detailed evaluation

Walther, Lydia

Club: RLV / LG Süd
Number: 328

Course: 14.60 km
Hauptlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:11:51

Speed: 11.69 km/h
Running performance: 4:55 min/km

Rank in course/Total: 37 (of 98)
Rank in course/Women: 3 (of 19)
Best time in course: 1:01:52

Rank in category: 1(of 1)
Best time in the category: 1:11:51