



## 7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

### Detailed evaluation

**Schalk, Udo**

Club: Dream Team Ilmenau

Number: 321

Course: 14.60 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:13

Speed: 11.02 km/h

Running performance: 5:13 min/km

Rank in course/Total: 52 (of 98)

Rank in course/Men: 49 (of 79)

Best time in course: 56:33

Rank in category: 5(of 9)

Best time in the category: 59:23