



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Goymann, Uwe

Club: Laufftreff Plaue

Number: 325

Course: 14.60 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:19:13

Speed: 10.60 km/h

Running performance: 5:26 min/km

Rank in course/Total: 59 (of 98)

Rank in course/Men: 55 (of 79)

Best time in course: 56:33

Rank in category: 6(of 9)

Best time in the category: 59:23