



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Thomas, Christian

Club: LAV Saale-Rennsteig

Number: 367

Course: 14.60 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 1:20:48

Speed: 10.40 km/h

Running performance: 5:32 min/km

Rank in course/Total: 63 (of 98)

Rank in course/Men: 59 (of 79)

Best time in course: 56:33

Rank in category: 7(of 10)

Best time in the category: 1:00:20