



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Jahn, Elke

Club: Immelborn

Number: 334

Course: 14.60 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:20:57

Speed: 10.38 km/h

Running performance: 5:32 min/km

Rank in course/Total: 64 (of 98)

Rank in course/Women: 5 (of 19)

Best time in course: 1:01:52

Rank in category: 2(of 6)

Best time in the category: 1:10:39