



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Beck, Andreas

Club: LSV Lok Arnstadt

Number: 323

Course: 14.60 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:21:19

Speed: 10.33 km/h

Running performance: 5:34 min/km

Rank in course/Total: 65 (of 98)

Rank in course/Men: 60 (of 79)

Best time in course: 56:33

Rank in category: 7(of 9)

Best time in the category: 59:23