



## 7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

### Detailed evaluation

**Zelle, Monique**

Club: Dream Team Ilmenau

Number: 301

Course: 14.60 km

Hauptlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:23:23

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 70 (of 98)

Rank in course/Women: 7 (of 19)

Best time in course: 1:01:52

Rank in category: 1(of 1)

Best time in the category: 1:23:23