



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Sauerbrey, Klaus

Club: Obermassfeld

Number: 389

Course: 14.60 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:23:53

Speed: 10.01 km/h

Running performance: 5:45 min/km

Rank in course/Total: 73 (of 98)

Rank in course/Men: 66 (of 79)

Best time in course: 56:33

Rank in category: 5(of 7)

Best time in the category: 1:04:47