



7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

Detailed evaluation

Höpfner, Thomas

Club: RSV Ilmenau

Number: 377

Course: 14.60 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:24:04

Speed: 9.99 km/h

Running performance: 5:46 min/km

Rank in course/Total: 74 (of 98)

Rank in course/Men: 67 (of 79)

Best time in course: 56:33

Rank in category: 6(of 7)

Best time in the category: 1:04:47