



## 7. Lauf "Rund um Frauenwald"

Frauenwald / 11.08.2012

### Detailed evaluation

Lindner, Kathrin

Club: SV Ictershausen

Number: 314

Course: 14.60 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:27:05

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course/Total: 80 (of 98)

Rank in course/Women: 11 (of 19)

Best time in course: 1:01:52

Rank in category: 4(of 6)

Best time in the category: 1:10:39