



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Rudat, Markus

Club: TV Großostheim  
Number: 568

Enduro Long Men

Category:

Senioren M45 (45-49 Jahre)

Total time: 45:12

Speed: - km/h

Running performance: 4:31 min/km

Rank in course/Total: 39 (of 180)

Rank in course/Men: 36 (of 140)

Best time in course: 34:14

Rank in category: 8(of 32)

Best time in the category: 36:49