



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Reschke, Falk

Club: TV Bad Vilbel
Number: 563

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:07

Speed: 13.01 km/h
Running performance: 4:37 min/km

Rank in course/Total: 43 (of 180)

Rank in course/Men: 40 (of 140)

Best time in course: 34:14

Rank in category: 10(of 15)

Best time in the category: 34:33