



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Bähring, Julia

Club: Karben
Number: 505

Course: 10.00 km
10 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 46:24

Speed: 12.93 km/h
Running performance: 4:38 min/km

Rank in course/Total: 46 (of 180)

Rank in course/Women: 4 (of 40)

Best time in course: 41:30

Rank in category: 2(of 5)

Best time in the category: 43:58