



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Erb, Stephan

Club: KSV Klein Karben  
Number: 608

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 48:45

Speed: 12.31 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 63 (of 180)

Rank in course/Men: 57 (of 140)

Best time in course: 34:14

Rank in category: 10(of 25)

Best time in the category: 40:33