



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Metzler, Thomas

Club: Schöneck
Number: 555

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:49

Speed: 11.81 km/h
Running performance: 5:05 min/km

Rank in course/Total: 78 (of 180)

Rank in course/Men: 70 (of 140)

Best time in course: 34:14

Rank in category: 14(of 25)

Best time in the category: 40:33