



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

**Vogt-Sasse, Wolfgang**

Club: SG-Stern Frankfurt  
Number: 586

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 51:26

Speed: 11.67 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 86 (of 180)

Rank in course/Men: 77 (of 140)

Best time in course: 34:14

Rank in category: 15(of 32)

Best time in the category: 36:49