



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Jansen, Markus

Club: KsV Klein-Karben 1890 e.V.
Number: 610

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:47

Speed: 11.59 km/h
Running performance: 5:11 min/km

Rank in course/Total: 88 (of 180)

Rank in course/Men: 78 (of 140)

Best time in course: 34:14

Rank in category: 16(of 32)

Best time in the category: 36:49