



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Pansegrau, Andrea

Club: Wehrheim
Number: 558

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 53:25

Speed: 11.23 km/h
Running performance: 5:20 min/km

Rank in course/Total: 102 (of 180)

Rank in course/Women: 14 (of 40)

Best time in course: 41:30

Rank in category: 2(of 3)

Best time in the category: 53:18