



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Stagnet, Knut

Club: Karben
Number: 577

Course: 10.00 km
10 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 53:50

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 105 (of 180)

Rank in course/Men: 90 (of 140)

Best time in course: 34:14

Rank in category: 9(of 13)

Best time in the category: 36:25