



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Uhrig, Werner

Club: ASC Marathon Friedberg
Number: 585

Course: 10.00 km
10 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:16

Speed: 11.06 km/h

Running performance: 5:26 min/km

Rank in course/Total: 108 (of 180)

Rank in course/Men: 92 (of 140)

Best time in course: 34:14

Rank in category: 9(of 15)

Best time in the category: 39:50