



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Tarant, Antje

Club: Spiridon Frankfurt
Number: 580

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 54:37

Speed: 10.99 km/h
Running performance: 5:28 min/km

Rank in course/Total: 110 (of 180)

Rank in course/Women: 17 (of 40)

Best time in course: 41:30

Rank in category: 1(of 3)

Best time in the category: 54:37