



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Grein, Wilfried

Club: Team Treffpunkt Maurer - TPM
Number: 523

Course: 10.00 km
10 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 55:57

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 122 (of 180)

Rank in course/Men: 101 (of 140)

Best time in course: 34:14

Rank in category: 4(of 5)

Best time in the category: 44:51