



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Wulf, Jörg K.

Club: KSV Klein-Karben 1890 e.V.  
Number: 601

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 56:25

Speed: 10.64 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 129 (of 180)

Rank in course/Men: 105 (of 140)

Best time in course: 34:14

Rank in category: 5(of 5)

Best time in the category: 44:51