



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Wiechert, Herbert

Club: TV Okarben
Number: 598

Course: 10.00 km
10 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 56:52

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 132 (of 180)

Rank in course/Men: 107 (of 140)

Best time in course: 34:14

Rank in category: 5(of 8)

Best time in the category: 47:24