



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Klomann, Armin

Club: Seedammbad Bad Homburg
Number: 537

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:58

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 133 (of 180)

Rank in course/Men: 108 (of 140)

Best time in course: 34:14

Rank in category: 22(of 32)

Best time in the category: 36:49