



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

**Bähring, Ulrike**

Club: Karben  
Number: 665

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 56:59

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 134 (of 180)

Rank in course/Women: 26 (of 40)

Best time in course: 41:30

Rank in category: 2(of 3)

Best time in the category: 54:37