



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Knöpfle, Christian

Club: Familie K
Number: 539

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:03

Speed: 10.52 km/h
Running performance: 5:42 min/km

Rank in course/Total: 135 (of 180)

Rank in course/Men: 109 (of 140)

Best time in course: 34:14

Rank in category: 20(of 25)

Best time in the category: 40:33