



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Lipinski, Ursula

Club: Zürich Frankfurt
Number: 548

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 57:04

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 136 (of 180)

Rank in course/Women: 27 (of 40)

Best time in course: 41:30

Rank in category: 1(of 2)

Best time in the category: 57:04