



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Rummel, Andreas

Club: Bad Vilbel
Number: 569

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:10

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 142 (of 180)

Rank in course/Men: 114 (of 140)

Best time in course: 34:14

Rank in category: 25(of 32)

Best time in the category: 36:49