



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Wild, Anselm

Club: Frankfurt am Main
Number: 675

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:42

Speed: 10.22 km/h
Running performance: 5:52 min/km

Rank in course/Total: 146 (of 180)

Rank in course/Men: 118 (of 140)

Best time in course: 34:14

Rank in category: 27(of 32)

Best time in the category: 36:49