



23. Karbener Stadtlauf
Klein-Karben / 12.08.2012

Detailed evaluation

Bruns-Nogel, Dirk

Club: TSV Cappel
Number: 663

Enduro Long Men

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:04

Speed: - km/h

Running performance: 5:55 min/km

Rank in course/Total: 148 (of 180)

Rank in course/Men: 120 (of 140)

Best time in course: 34:14

Rank in category: 28(of 32)

Best time in the category: 36:49