



23. Karbener Stadtlauf  
Klein-Karben / 12.08.2012

Detailed evaluation

Friesner, Marianne

Club: Hirschaid

Number: 651

Course: 10.00 km

10 km - Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 59:14

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 149 (of 180)

Rank in course/Women: 29 (of 40)

Best time in course: 41:30

Rank in category: 2(of 2)

Best time in the category: 57:04